



*Blessed Miriam Teresa  
League of Prayer Bulletin*



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Convent Station, N.J.

July 2023





# APOSTOLIC POSTULATION

for the cause of Canonization  
of the Blessed

**Miriam Teresa Demjanovich, SC**  
of the

Sisters of Charity of Saint Elizabeth,

**His Eminence**

**Cardinal Joseph W. Tobin, CSSR**  
Archbishop of Newark

**The Most Reverend Kevin J. Sweeney, D.D.**  
Bishop of Paterson

**The Most Reverend Kurt Burnette**  
Bishop of Byzantine Eparchy of Passaic

**Dr. Silvia Correale, J.C.D.**  
Postulator

**Sister Maureen Corcoran, SC**  
Vice Postulator



## THE BLESSED MIRIAM TERESA LEAGUE OF PRAYER BULLETIN

Purpose of the League: To honor the Blessed Trinity through the Immaculate Heart of Mary by spreading the knowledge of Blessed Miriam Teresa's life and mission, and by working for her cause.

President.....Sister Maureen Shaughnessy, SC

### TEAM

Sister Mary Canavan, Sister Maureen Corcoran, Doctor  
Mary Mazzarella and Linda Amitrano. Consultants: Father  
Terrence Moran and Sister Noreen Neary.

**Obligations:** 1. Daily recitation of 26 Glorias in honor of the Most Holy Trinity for the success of the cause. (an Our Father may be substituted.) 2. A small sacrifice daily.

**Spiritual Privileges:** for the intentions of League Members.  
1. The Holy Sacrifice of the Mass is offered 100 times each year. 2. Special private prayers are offered every day by the Sisters of Charity.

The *BULLETIN* is published four times a year.  
The current cost is fifteen dollars a year.

Address all communications to:  
Blessed Miriam Teresa League of Prayer  
Sisters of Charity of Saint Elizabeth  
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The beauty of God's glorious creation draws us into a deeper relationship with our ever-loving Creator, Savior, and Spirit. May each summertime moment create within our minds, hearts and spirits renewed energy as we live our Christian discipleship and are faithfully giving witness to our relationship with the Risen Christ Jesus. All of the beauty that surrounds us cries out to us to be steadfast in our praise and gratitude for all of God's blessings showered upon us in our daily prayer. Blessed Miriam Teresa often prayed the Te Deum prayer, an early Christian hymn of praise and thanksgiving to God. We still use it in the Catholic Church, especially in Thanksgiving for a special blessing such as canonization of a saint or election of a pope. Videos of this prayer can be found on You Tube in operatic style, Gregorian chant, and solemn monastic chant. In this issue of the bulletin you will be reading about people's favorite prayers. Hopefully the reflections given following the selected prayers may inspire you to name your favorite prayer and express why you consider it a treasure in your spiritual life. If you so choose, please let us know your selected prayer and why it has a special place in your spiritual life.

~ Sister Maureen Corcoran, SC

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## FAVORITE PRAYERS

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Awareness  
by Marie Santana

Lord God, grant me your light so I can see  
Everything in this world that you want me to see  
Thank you, Lord, for the gift of your love and your guidance in my life  
Lord, open my eyes and grant me awareness  
Awareness of your presence in my life  
Awareness of your angels and archangels  
Awareness of your love  
Awareness of how you speak to me and through me  
Awareness of your signs, of your messages of your love for me  
Please, don't allow one breath of my life to go by  
When I have missed your sign in front of me,  
When I have failed to hear your message  
Through a thought in my head, through a song on the radio,  
Through a number that has meaning to me,  
Through a person you sent to answer my prayer and I didn't recognize  
Lord, I believe, please grant me awareness  
To find you in everything I do and everything I see  
In Jesus' name. Amen

I love this daily prayer because it helps me to stay in the present moment and to always be mindful of Jesus' love for me. One of the many graces I have received from God in the last few years is the grace for me to be aware of God's presence in my life. For this I am extremely grateful.

Joyce O'Shea, SC

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### Teaspoon (TSP) Prayer

T is for thank you  
S is for sorry  
P is for please

I love this prayer because it gets me to reflect on all aspects of my life.  
It became my favorite in Mrs. Donnelly's class and I have just loved  
that prayer ever since.

Alexa, ASE'24

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## Psalm 23

The Lord is my shepherd;  
I have everything I need.  
He lets me rest in fields of green grass  
And leads me to quiet pools of fresh water.  
He gives me new strength.  
He guides me in the right paths,  
As He has promised.  
Even if I go through the deepest darkness,  
I will not be afraid, Lord  
For you are with me.  
Your shepherd's rod and staff protect me.

You prepare a banquet for me,  
Where all my enemies can see me  
You welcome me as an honored guest  
And fill my cup to the brim.  
I know that your goodness and love  
Will be with me all my life.  
And your house will be my home  
As long as I live.

As part of a Diocesan educational program, Rev. Gerard Lair from St. Mary's Abbey taught weekend seminars at the College of St. Elizabeth. I signed up for various courses. In one, Father Gerard went through Psalm 23 line by line. He also suggested the class read "The Healing Vision from Psalm 23" by Rabbi Harold Kushner. I was moved by the beauty of Father's teachings and by Rabbi Kushner's book. Ever since, I have found Psalm 23 to be a source of great comfort and strength in challenging times.

Mary Ann Motiuk, Seton Associate



Lord grant us the wisdom to care for the earth and till it.  
Help us to act now for the good of future generations and all your  
creations. Help us to become instruments of a new creation, founded  
on the covenant of your love.

My favorite prayers are about nature. This prayer is important to me because I love nature and strive to improve the world we live in. It became my favorite because I feel now with climate change it is important to take action to save the planet.

Sophia, ASE'23

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## Anima Christi

Soul of Christ, sanctify me  
Body of Christ, save me  
Blood of Christ, inebriate me  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me  
O good Jesus, hear me  
Within your wounds hide me.  
Permit me not to be  
separated from you  
From the wicked free, defend me.  
At the hour of my death, call me  
And bid me come to you  
That with your saints  
I may praise you  
Forever and ever amen.

The Anima Christi prayer, appropriately with Author-unknown, since it includes all the essentials relevant to the Prayers faith is my favorite prayer.  
Rose Marie O'Brien, SC



## The Our Father

Our Father who art in heaven,  
Hallowed be thy name;  
Thy kingdom come  
Thy will be done  
On earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses  
As we forgive those who trespass against us,  
And lead us not into temptation  
But deliver us from evil.  
Amen.

I prayed it every night while my dad was in hospital.

Kathryn, ASE'25

We would pray it every night when my parents tucked me into bed.

Fiona, ASE'24

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## Santo Antonio Pequenino

Santo Antonio Pequenino reza missa no altar, vem benzer minha caminha que eu quero me deitar. Com Deus me deito, com Deus me levanto, com a graça de Deus e do Espírito Santo. Amen.”

“Little Saint Anthony praying mass at the altar,  
    bless my little bed as I wish to sleep.  
    With God I lay down, with God I rise,  
With the grace of God and the Holy Spirit. Amen”.

This prayer was a Portuguese prayer that my mother taught me when I was very young. It is very important to me as it represents my fight against struggle, anxiety, and insomnia. I prayed it every night and felt God calm my heart and give me a sense of peace. This sense of peace is really what helped me overcome a great deal of this challenge, being that I rarely face that problem nowadays. It reminds me God is always there for me no matter what. I have grown very fond of this prayer and still recite it every night. Since my mother taught me this as a child, I hold it affectionately close to my heart. It reminds me of the happy moments of my childhood and of my mother. Thus, this is my favorite prayer.

Maria Clara, ASE ‘24



## Prayer for a Peaceful Death

When the last dread hour is o'er us,  
Pray thy Son may fashion for us,  
    Death anointed and serene.  
Virgin Mary, Mother, Queen.

Many years ago, I heard a group of Benedictine Monks sing a very beautiful prayer to our Blessed Mother. I was able to obtain the melody, so I either sing or recite the prayer every evening, as I have done for about fifty years. I hope you, too will add it to your own daily prayers.

Sister Regina Bernard Mc Cartney, SC

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When my grandson was probably 7 or 8 years old one of our “chats” got around to prayers. He was in Catholic school and the lesson for the day was centered around children and night prayers. He asked, “Do you pray grandma?” “Yes, Chris I do even when I don’t know exactly what to say!” Don’t worry Gram... Sister told us today that God understands our prayers even when we can’t find the right words to say. Sister said to just sing your ABC’s and God will put the letters in the right order for your prayers.” **OUT OF THE MOUTHS OF BABES.** A lesson I have kept in my heart for years as Chris is now a young man and when I don’t know what to say or how to pray...I simply sing my ABC’s and let God do the rest!!!

Surely this is not the kind of response you expect your many readers to give regarding their “favorite prayer”, but I know God can read what is in my heart.

Rieda Breakey Piatti, Seton Associate



### **The Guardian Angel Prayer**

Angel of God  
My guardian dear  
To whom His love  
Commits me here  
Ever this day  
Be at my side  
To light and guard  
To rule and guide.  
Amen.

It is very important to me because it used to play from my favorite stuffed animal frog every time I would click on its stomach when I was little. It became my favorite because I would play it all day every day, pray it at night, and sleep with the frog every night. It has developed into a comforting, nostalgic prayer for myself that reminds me of my childhood and the good memories I created over the years.

Logan, ASE’24

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## The Serenity Prayer

God grant me the serenity  
To accept things that I cannot change;  
Courage to change the things I can;  
And wisdom to know the difference.  
Living one day at a time;  
Enjoying one moment at a time;  
Accepting hardship as the pathway to peace;  
Taking as He did this sinful world  
As it is not as I would have it;  
Trusting that He will make all things right  
If I surrender to His Will.  
So that I may be reasonably happy in this life  
And supremely happy with Him  
Forever and ever in the next.  
Amen.

Prayer attributed to Reinhold Niebuhr, 1892-1971

The Serenity Prayer is important to me because it encourages me to accept the change in my life, learn to go with the flow, and stand up for what I can change. It became my favorite because it speaks volumes in my life, so I can look to this prayer and connect it with changes in my life for guidance.

Morgane, ASE'24

This prayer is important to me because whenever I get stressed or anxious and I say this prayer it helps me calm down and approach/look at things from a more optimistic perspective. This is my favorite prayer because it truly gives me the serenity, I asked God to give me. It has helped me get through big and small obstacles in my life.

Montserrat, ASE'24

My favorite prayer is the serenity prayer. It is important to me because it is very inspiring. This prayer tells me that I need to remember there are things that I do not have the power to change and that I need to accept that. However, it reminds me that accepting that some things will be hard will lead me on the path to peace. This prayer became my favorite when I was younger because my grandmother taught it to me, and we would pray this prayer often, and I have grown up saying it.

Madelyn, ASE'25



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## A Powerful Prayer for the Holy Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in Union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the Universal Church, for those in my own home and within my family. Amen.



One of my favorite prayers was composed by St. Gertrude the Great, who was born in Germany in 1256, living most of her life as a Benedictine nun. Deeply devoted to the Eucharist, she made sure to offer each Mass she attended for the release of the Holy Souls in Purgatory. Jesus was so grateful to St. Gertrude that He gave her the above prayer, promising that 1000 souls would be released from Purgatory every time that it was recited. This prayer is so brief that it can easily be committed to memory and recited throughout the day, whenever you happen think of it, in the midst of your daily duties.

Remember that when you pray for the Holy Souls in Purgatory, you will have them as your fervent intercessors for the rest of your life, a prolific return for saying a prayer that only takes twenty seconds to recite.

Sister Margaret A. McCann, SC

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## The Hail Mary

Hail Mary, full of grace,  
The Lord is with thee.  
Blessed art thou amongst women  
And blessed is the fruit of thy womb, Jesus.  
Holy Mary, mother of God,  
Pray for us sinners,  
Now and at the hour of our death.  
Amen.

My favorite prayer is the Hail Mary. It is important to me because I always feel more connected to our Blessed Mother and puts me at peace. I am not sure how it became my favorite, maybe because I would say it so frequently.

Elizabeth, ASE'24

I pray the Hail Mary more than others because it shows reverence to Mother Mary.

Alexandra, ASE'26



## St. Therese of Lisieux Novena Rose Prayer

O Little Therese of the child Jesus, please pick for me a rose from the heavenly garden and send it to me as a message of love.  
O Little Flower of Jesus, ask God to grant the favors I now place with confidence in your hands.

This prayer is important to me because St. Therese is my confirmation saint and I have always felt that I had a close connection to her from praying her Novena. The Novena Rose Prayer became my favorite because after nine days of saying the prayer a form of a rose is sent to the person that has prayed the Novena. This rose represents her grace and is a response to people's prayers.

Avery, ASE'24

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## PRAYERS FOR DECEASED

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JOSEPH ARMINIO  
ELLEN ADAMS  
DORIS KEMPTON  
REV. JOSEPH E. MURPHY  
REV. FRANK J. McNULTY  
DEACON JAMES PULIATTE  
SR. KATHLEEN KOERNER, SC  
SR. ROSEMARIE DiCENSO, SC  
SR. BARBARA BROWN, SC  
SR. ANNE CUNNINGHAM, SC



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## PRAYERS FOR FAVORS

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FOR Restoring of eyesight (3), Depression, Peaceful Death, What is lost is found, Prostate Cancer, Safety of children, Prayer Intercession (6), Heart Condition, Cancer (4), Head Aches, Healing (15), Emotional Problems, Canonization of Bl. Miriam Teresa, For a friend, Recovery of Alcoholism, Family (4), Genetic Disorder, Self esteem, Return to Health (2), Colon Cancer, Spiritual Protection (2), Vertigo, Scoliosis, Strength to serve, Flu, Brain healing, Dementia, Body healing, Broken Ankle surgery, Bladder Biopsy.



**SISTERS OF CHARITY OF SAINT ELIZABETH**

**BLESSED Miriam Teresa League of Prayer**

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