



From its very beginnings, the Church has always taken care of the poor. The care of the needy is a constant in the life of the Church that takes its shape more recently also in so many popular movements born to defend the rights of the poor against the structural causes of poverty. *Dilexi Te: On Care of the Poor, Pope Leo XIV.*

In these times, (we) commit to a public, prophetic presence rooted in prayer and expressed through concrete action. We pledge to make visible the Gospel through advocacy for nonviolence, racial justice, humane immigration policies, and care for our common home. Our hope does not rest in force or fear, but in the transformative power of love lived boldly and together.

Choosing Nonviolence as Gospel Witness—LCWR

Inspired by our own Charism, Pope Leo's *Dilexi Te*, and LCWR, we invite you to participate in Charity: God's Love in Action by engaging in one or more of the actions listed on the back of this card. In addition, we ask you to donate to St. Elizabeth University Cares or St. Margaret Parish program to assist the immigrant community in Morristown, NJ.



Ongoing Formation



Charity: Love in Action by:

- Helping to eliminate food insecurity for those in my parish or neighborhood
- Reciting a Prayer for Peace each day
- Continuing Advocacy efforts: letters to Congress, newspapers, and calling Congressional Offices
- Performing an act of kindness for someone
- Fasting one day a week from social media, TV, Phone, one meal, worry, anxiety, being judgmental
- Checking Charity Mail every Monday for Lenten Action Activity or Event
- Choosing a program and send a donation: SEU Cares (food pantry, clothing, rent assistance, etc.) St. Margaret's Immigrant Assistance

Make checks payable to: Sisters of Charity

Write LENTEN ACTION on the notation line.

Send to:

Sisters of Charity of Saint Elizabeth
Sister Maryanne Tracey, SC, or Shannon Hoffman
PO BOX 476 Convent Station, NJ 07961